

Daily Word



A UNITY PUBLICATION
OCTOBER 1949

Class Thoughts

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world in the name of Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

SEPT. 20 to OCT. 19

ILLUMINATION (11 a. m.): Steadfastly trusting God, I see my way made clear.

OCT. 20 to NOV. 19

ILLUMINATION (11 a. m.): Jesus Christ is now here raising me to His consciousness of light, and I am wise.

PROSPERITY (12 noon): Steadfastly trusting God, I am guided, I am prospered, I am blessed with His abundance.

PROSPERITY (12 noon): Jesus Christ is now here raising me to His consciousness of substance, and I am prospered.

HEALING (9 p. m.): Steadfastly trusting God, I am renewed, I am made whole in mind and body.

HEALING (9 p. m.): Jesus Christ is now here raising me to His consciousness of life, and I am whole.

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DAILY WORD

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DAILY LESSON FOR OCTOBER

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EVERY TIME you spend a nickel you are unconsciously affirming your faith in God, for on every coin that you spend, unseen by most people because they are so taken for granted, are the words "In God we trust."

Unity teaches that it is the right of everyone to be prosperous, to have all that he needs to make his life comfortable, secure, and happy. We believe in blessing our money and praying for prosperity.

Many people are puzzled by the idea of blessing money. "What good does it do," they ask, "to bless money, an inanimate object?" Money in itself is unaffected by a word of blessing; that is, a dime remains a dime, a dollar remains a dollar, but we who bless our money are affected.

More than we realize our life is the outpicturing of our consciousness. Even in as mundane a mat-

ter as the handling of money if our thought as we spend it or give it is centered on faith in God we are made richer in our thought and, it follows, richer in our affairs.

Money is symbolic of supply, which comes from God, and like the manna in the wilderness, there is always enough for our needs from day to day if we but trust in God.

"In God we trust." It is good to think of this when we think of money. Money in itself would be worthless without the trust that accompanies it. It is an evidence of trust on our part when we accept a piece of paper as something of value, trust in the solvency of the United States. And back of this system of trust on which the monetary system rests is the basic trust, man's trust in God.

Through the years people have written to Silent Unity asking help with their problems of personal finance. It is a universal problem, this need of supply. Everyone needs the wherewithal for food and clothing and shelter. We know, from seeing it proved time and time again, that wherever a person places his faith in God and opens his mind to the idea of prosperity he finds his affairs blessed.

When people write to us about problems of supply they often have no idea how help can come, but in their desperation they cry out. Unemployment, unpaid bills, a hungry family are

serious matters indeed.

Our first assurance is always that God is a present help, that there is no need that cannot be met through our trusting in Him. Then we try to help the one in need of money, of work, to see what his part is in finding help.

Often people take a very vague stand concerning their finances. They are willing to trust in God for supply, but they expect the supply to come as a windfall. The most popular tales about prosperity are the ones in which riches fall into a person's lap without his doing anything about it.

But true prosperity is related to the man, it has to do with his consciousness, with the way he thinks, with the way he handles his affairs. Many people who are continually in arrears with their bills, who never seem to have money for the things they need, are more in need of simple arithmetic than they are of more money. It is true that God's supply is unlimited, but as in anything else in life we have to begin where we are, so in this matter of money, we have to begin with what we have. Our supply will not be increased by a careless attitude toward money; God will not step in and pay our rent if we have spent the money for something else.

The beginning of prosperity is good judgment, common sense, and the ability to add two and two.

We are not limiting our supply when we set our affairs in order, when we put first things first, when we use what is at hand wisely and well. A sense of order and balance is the basis of prosperity, and certainly our peace of mind is greater when we have a feeling of being in control of our affairs, when we know that we can handle the daily needs for money that arise.

Whether he is aware of it or not everyone has faith in God, faith in good. Trust in God is engraved on his heart as surely as the words "In God we trust" are engraved on the coin of the land.

If you have a prosperity need of any kind—unpaid bills, unemployment, dwindling income, no place to live—turn to God now in quietness and confidence. Say, "In God we trust." Take the thought "I place myself and all my affairs lovingly in the hands of the Father." This will give you a sense of peace and poise. Then affirm often: "I am one with my good. My supply comes to me from God, instantly and abundantly." As you use the money you have at hand affirm: "I express the positive power of the Christ mind in wisdom, love, and good judgment in handling my money."

"In God we trust." God is in the very midst of us as intelligence, as wisdom, as divine power and ability. His Spirit, expressing itself through us, blesses us in all the affairs of our life.

The Golden Harvest

ELIZABETH SEARLE LAMB

AUTUMN is the season of the harvest's golden beauty. Then row on row of gallant corn-stalks march across the land in full array. Barns nearly burst with sweet dried hay. The golden harvest moon rides high. Nature lays her plenty out as if the loving Father had brought forth His whole abundant store and said, "See, My doubting prodigal, there is enough for all to share."

There is a golden harvest of the spirit too when wisdom is mellowed by experience, when love has gone beyond small selfish bounds to know an infinite horizon, when patience and humility are paired with dreams, God-given, and the means, God-given also, of bringing them to fulfillment. Such a climax in the life of any man can bring—and does bring—God's kingdom closer to the earth.

The harvest's golden beauty, burnished bright, shines forth across a great and growing land; shines out in radiance and in love from the face of man.

Marriage Is a Progress

CLEDA REYNER

The fourth in a series of articles on human relations. The author is a member of the Silent Unity staff.

MOST PEOPLE are romantic, sentimental, and idealistic. This part of human nature did not disappear with the romantic age of literature, and we still like best the stories and motion pictures that culminate in marriage. We like to believe that marriage is a magic door and that those who enter it live happily ever after. Emerson said that "life is a progress, not a station," and sooner or later we come to this conclusion about marriage. We see that its total happiness depends upon the total development of the individuals that enter it. That this is true is not so regrettable a fact as we think it is at times.

To possess an Eden without the capacity to evaluate and enjoy it would be a prodigal and useless possession.

Perhaps if all the disappointments of marriage

could be summed up in one phrase it would be "unfulfilled expectations." We hope for so much and plan on so much that against the background of these desires even little unfulfillments take on exaggerated proportions.

One woman wrote: "With all my heart I want a marriage that is companionship and tenderness and fulfillment. With my whole heart I want to enjoy with my husband the togetherness of marriage; I want to be able to sit down and plan with him and share my thoughts and ideas with him, and think together and dream together with him—and never once in our sixteen months of marriage has it ever been so."

This situation is not strange really, for people have been so variously reared that for two people to be equally expressive of their dreams and inner feelings would be rare indeed. But a person does not need to wait in loneliness and frustration for the companionship or other fulfillment that he longs for. Life does not need to be suspended until the time is reached. In their attempts to attain the things that they have wanted human beings have developed some of their very best traits, talents, and characteristics.

The free exchange of words and ideas and feelings that the woman I quoted would like to experience can indeed provide a profitable method

of making her marriage a happy one. Out of such communion would emerge much mingling of ideas, trading of viewpoints, tolerance of one another's ideas, understanding, and patience. But in most cases a path for these must first be cleared through the reservations and restraints that we have accumulated through our growing-up years. Even to our most beloved only a very few of us can reveal our inmost thoughts and feelings. We should like to, but it is an attainment that usually begins with discussion of such things as arise in a day of routine happenings at work or at home, of the people with whom we have associated, of the food that is shared. But as these ordinary subjects are welcomed and made use of the channels of conversation are kept open. Then as the more reluctant thoughts gain courage to come forth a path is ready for them. A tongue-tied heart would find it hard indeed to send forth a self-conscious little speech of praise or love or yearning if it had to break the path over which to send it. One woman believed for years that her husband considered potatoes an essential part of every meal. Then to a grown daughter he inadvertently said that Mamma seemed to feel that potatoes are a necessity, but he had never cared for them himself.

If we learn to discuss freely and harmoniously

our feelings and ideas about such commonplace things as potatoes, even they will gradually widen the path between two souls so that a deeper, broader exchange of thoughts can flow.

However as this achievement is being made another should be in progress also, that of keeping in contact with the God of our being and with His many channels of wisdom in this world of ours. No one learns all that he needs for happiness in his marriage by giving his whole attention to the marriage. We come to know much about ourselves from others and from learning of others. As long as our world was considered to be the only one in the universe we held the erroneous conception that it was flat. When by the help of a telescope we were able to look away from it and observe that there are a multitude of other worlds, spherical in nature, revolving around a central sun, we formulated a more proper idea about it. The person who has a variety of interests, duties, and activities that give him a broader perspective of life and God and humanity than his own little world can afford him a better understanding of his own life and therefore a better knowledge of how to live it.

It is good if he embraces a religion that inspires in him a deep and abiding faith in the integral goodness of mankind, that teaches him that God

is love, that God has given him a spirit that is entirely capable of meeting life's every challenge. He has much to give and radiate to his marriage from that source. It is good if he has friendships that contribute to self-confidence, a sense of humor, the ability to co-operate. He has much to take to his marriage from that source. It is good if he reads and studies those things which express man's highest and best understanding of himself and there are many of them these days. He receives from that source many things that are helpful to him and his marriage. "In my Father's house are many mansions," and as room by room we enter them we gain much to take with us into our personal life. There is beauty for the eye, exquisite sounds for the ear, mysteries and facts and truths to gratify the mind and intellect; there is love to warm the heart and expand the soul.

Emerson said something to the effect that an institution is the lengthened shadow of a man. Marriage differs from other institutions only in that it is the lengthened shadow of a man and a woman. If their hearts are kept open and expanding, their minds kept growing, and their spirits kept alive in their search after the truths that make for happy people and happy living, there is no chance of their marriage being anything but a very happy one.

The Answer

FLORENCE SCRIPPS KELLOGG

"I am so weak and weary, Lord;

Yet I have tasks to do."

Just lean on Me in trust, My child;

My strength I'll give to you.

"The road seems dark and dreary, Lord;

The hillside steep and rough."

I'll lead you all the way, My child,

If you have faith enough.

With courage now I face each day;

No longer do I fear;

I've heard His voice, and now I know

My Lord walks with me here.

OCTOBER 1

Saturday

THE SPIRIT OF GOD IS IN ME AND IN EVERY PERSON.

WHEN I REMEMBER that the Spirit of God is within me, all my fears and misgivings give way to confidence. I know that as I take the forward step that I need to take in order to accomplish what I want to accomplish, I shall be sustained. I know that the Spirit of God will give my heart the satisfaction it longs for. I know that the Spirit of God will give my mind the clarity and discrimination it needs for choosing the path through life that means happiness and fulfillment for me.

When I remember that the Spirit of God is in every other person, I do not fear for the happiness or well-being of those I love. I know that the Spirit of God in them is caring for them. I know that the Spirit of God in them is supplying the insight, the courage, the stamina they need to handle themselves in life in a happy, victorious way.

O holy Spirit, my faith is in Thee. Thou bringest peace to my mind and assurance to my heart. Thou satisfiest my longing soul.

* *It is the spirit that giveth life.—JOHN 6:63.*

I AM FILLED, SURROUNDED, AND SUSTAINED
WITH THE UNFAILING HOST OF HEALING,
SPIRITUAL FORCES OF GOD.

IN THE Old Testament it is recorded that at one time the prophet Elisha was completely surrounded by his enemies. There was no visible way of escape or deliverance, and Elisha's servant became filled with a sense of panic. But Elisha, who trusted in God, called upon the name of Jehovah and realized His presence and power in the midst of them. This calmed the servant's fear, and in this calm his spiritual vision was opened, and he saw round about himself and Elisha a mighty flaming host of heavenly beings. This awareness of the presence of God delivered them both from the enemy.

If you find yourself in the midst of disturbing or frightening circumstances, remember that the same holds true for you. Do not be afraid, but quietly relax in the realization that the mighty, invincible forces of Spirit fill you and surround you. Rest steadily but calmly in the presence of Spirit and help will come to you.

• They that are with us are more than they that are with them.—II KINGS 6:16.

I AM REQUIRED TO LIVE ONLY ONE DAY AT A TIME.

THOSE OF us who lead an active life often find ourselves filled with tension when we contemplate the many tasks that lie before us. To give our best efforts to all our undertakings each undertaking must have our undivided attention.

That which is before us is obviously the thing to which we should be giving our attention and interest. We are not expected to do everything at once, nor can we do so. Realizing this, we go calmly from one undertaking to another throughout the day until at its close we experience a sense of satisfaction and contentment.

Thou, O Lord, art my help in every need. If during the day I fail to accomplish all I set out to do, I will remember that my work is Thy work and that it will be completed in Thy good time. If it was not finished today, there are reasons for its postponement. It remains for me to trust that when the time comes for its completion nothing can stand in the way.

¶ *This is the day which Jehovah hath made.—PSALMS 118:24.*

I OPEN MY EYES, AND THE WHOLE WORLD IS FULL OF GOD.

IT TAKES spiritual discernment to see that God fills the world. We look on the political scene and fear at times that certain forces in operation threaten disaster; or we become critical of conditions in our smaller orbit and fail to see that God is there in all His fullness and perfection.

These are times for rising above intellect to seek a higher vision. Jesus gave us the example, going often into the mountain to pray. We need to climb every day to heights where we can see with the clear eyes of spirit. With enough perspective it is always possible to see order and beauty and peace wherever we look.

Father, open my eyes today so that I may see that the world is indeed full of Thee. I would have the Christ ability to recognize Thee in everything within and without. As my vision clears, my world becomes full of Thy glory.

¶ *Look unto me, and be ye saved, all the ends of the earth; for I am God, and there is none else. . . . unto me every knee shall bow, every tongue shall swear.*
—ISA. 45:22, 23.

OCTOBER 5

Wednesday

TODAY IS A NEW DAY, FRESH FROM THE HAND OF GOD.

TODAY I will think beautiful new thoughts of love and peace and good will to all. I will forget the cares of yesterday and scatter them to the winds. I will speak only kind words that bear the balm of healing to those in sorrow or distress. Today will be a happy day in doing the will of God, whatever that may be.

I will start this new day with a song of thanksgiving and praise. I will do the work that comes to me, each hour trusting in God for guidance and strength.

Today I will learn the way of life more perfectly. I will walk in the shining light of God that dispels all darkness and gloom. At peace with my heavenly Father, I know that every hour will be perfect and the day full to overflowing with the wonders of His love.

Dear Father-God, in this new day I will seek to find the good in others. I will watch for opportunities to help those who need encouragement. I will let love rule my whole life. My prayer for today is one of joyous praise.

• *This day is a day of good tidings.—II KINGS 7:9.*

I GIVE MYSELF COMPLETELY TO GOD; HE MAKES MY LIFE A SPIRITUAL TRIUMPH.

I RELAX physically, letting go of tensions and strains that keep me from bodily well-being and from the enjoyment of life. I relax mentally, letting go of futile worries, letting go of every vestige of pessimism. I relax spiritually, supported by the Spirit of God. It is no effort, once I am completely relaxed, to give myself to God.

As I feel a new oneness, a new sonship, a new and more vital relationship with God, I am indeed born again. Every cell in my body awakens to new life. Every personal relationship becomes more satisfactory. New abundance is showered upon me. I become steadily a more effective, more efficient person, yet at the same time I am also more humble, more loving, more forgiving.

Once God has His way in my life I show forth an increasing perfection. Ideas come to me in perfect sequence and in perfect order.

"I praise Thee, O God, that through Thee my life is a spiritual triumph inwardly and outwardly."

• *First they gave their own selves to the Lord.—II COR. 8:5.*

OCTOBER 7

Friday

I AM PATIENT AND UNDERSTANDING IN MY RELATIONS WITH OTHERS.

I REALIZE that there is always more need for patience, kindness, tolerance, love, and understanding in the world. I also realize that these Christlike qualities must be in me and in my world before I can do my share in contributing to the world's need for them.

Today as I begin my day I accept God's gift to me of His own nature, and I think of myself as loving, kind, tolerant, and understanding. Equipped with these qualities, I know I can begin in my home and environment to speak kindly and graciously to those about me. I will use my gift of love to be tolerant and thoughtful of others. I will practice the talents I have for patience and understanding by withholding criticism, by listening with an understanding heart, by being patient with people and situations.

Lord, express Thy loving Spirit through me. Let me react* lovingly in every experience. Let me add to the consciousness of love in the world for the blessing of Thy children. Let me be patient and understanding toward all.

♦ *Love never faileth.—I COR. 13:8.*

TRUSTINGLY I SEEK THE GUIDANCE OF SPIRIT,
KNOWING THAT ALL THINGS WORK TO-
GETHER FOR GOOD.

SPIRIT WITHIN ME rises triumphant over all difficulties. I call upon an inner strength in every time of need, and I am uplifted and provided for. Nothing in the world can overcome the transcendent spirit with which God, my Father, has endowed me. It is immortal and invincible.

When outer disturbances seem beyond quieting I go within to my tower of strength and find peace. I hear the compelling voice of my Christ saying, "Be still." As the inner stillness comes the outer disturbances cease.

I am free from the effects of worry and fear and unhappy circumstances. I am under the guidance and protection of the Father. He is with me constantly. Realizing the presence within me, I am relaxed and calm and serene. I am safe, secure, happy in the knowledge that God's Spirit in me is master of all.

Trusting I seek Thy guidance, O Holy Spirit. Thou art the source of my life, my very being; Thou assurest me that I cannot fail.

• *Thou shalt worship the Lord thy God.*—MATT. 4:10.

OCTOBER 9

Sunday

I DO NOT STRAIN TO KEEP AWARE OF GOD,
BUT I RELAX IN THE REALIZATION THAT
GOD IS AWARE OF ME.

IN ALL MY searching for spiritual truth, peace of mind, harmony of being, I keep myself joyous, loving, and relaxed. I do not drive myself with unrelenting mental effort or will power, but I know that the good I seek is within me now, simply awaiting my quiet acceptance. I do not impatiently long and strive to be free from negative conditions at some future time, but with patient, unhurried trust I rest in the realization of the healing presence of God.

God is within me, a loving presence, a caring presence. He knows my needs and guides my way. He gives me strength for every day. His life within my body is a resurrecting activity that harmonizes and restores. His intelligence within my being is an illuminating wisdom that inspires the perfect thought for every minute.

When I turn within to God I remind myself that He is turned toward me, that He hears and heeds my every prayer.

• *I will strengthen thee; yea, I will help thee.*—Isa. 41:10.

IN FAITH I LOOK TO GOD FOR THE FULFILLMENT OF MY EVERY NEED.

IN OUR economic world we may be told that jobs are scarce, age is a handicap, production is being cut back. But if we are ever free ourselves from the fear of economic fluctuations, we must begin to think of ourselves as living in God's world rather than in an economic world.

We function in an economic world, but we live in God's world. We draw our creative life from God, and there is no scarcity, no age, no recession in this life. There is always a way to appropriate and express this creative life so as to have the work and compensation needed for an orderly, fear-free life.

There may be times when we need to consider new fields of expression, to search seriously within ourselves to discover what we have to contribute to the economic life, how we can develop our skill and expand our knowledge. But since we are citizens of God's world and cared for by Him, there is always a way of thought and action that will lead to compensating and satisfying expression.

• *Thou . . . satisfiest the desire of every living thing.*
—PSALMS 145:16.

O C T O B E R 11

Tuesday

I THANK GOD FOR THE INDWELLING SPIRIT AND FOR ALL ITS OUTWARD MANIFESTATIONS.

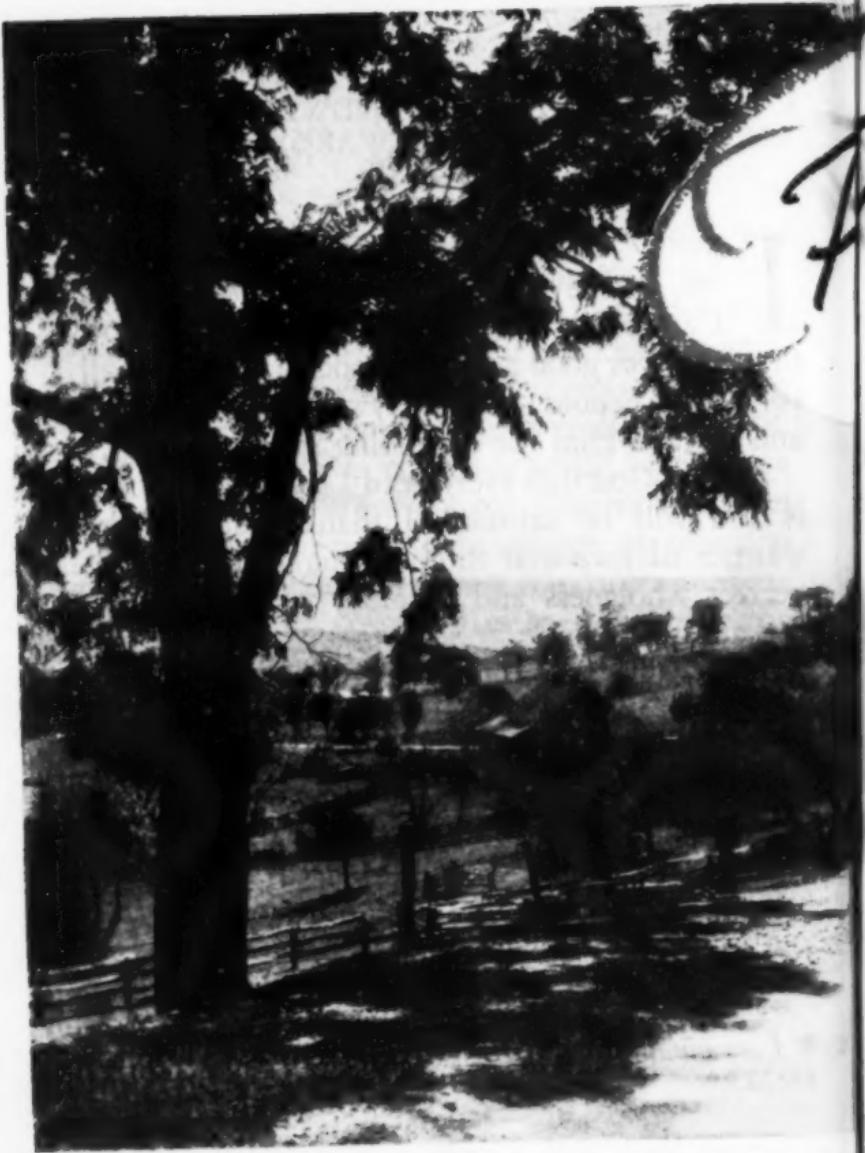
I KNOW AND feel the presence of God within me, and my heart swells with thanksgiving. I am His child, spirit of His Spirit. I know that He gives good and only good to me and to all persons. I behold Him everywhere, in everyone, and I praise Him for expanding my vision.

I thank God that every need I have or will have is and will be satisfied. I thank Him for the warmth of love that throbs through me and for perfect wholeness and harmony of body, mind, and affairs in Him.

I am well and strong and wise and serene because the perfect One dwells within me. I am undismayed by appearances, for supreme wisdom is mine to draw upon. Difficulties cannot distress me, for the source of limitless happiness and peace is open to me.

Thou, almighty Father, art with me. I am free and victorious in Thee. I thank Thee that in Thee I live and move and have my being.

◆ *I am not alone, because the Father is with me.—JOHN 16:32.*



Possession

MARTHA SMOCK

My eyes possess the land I see;
Each tree, each stick, each stone
Is just as much a part of me
As anything I own.

And fences do not bar me,
Though sturdy is their stand;
I am the lord of all I see,
Even in alien land.

How good this sense of ownership
Of beauty where it lies,
This proud possession that is ours
Because we have two eyes!

THERE IS A RIGHT TIME AND A RIGHT PLACE IN MY LIFE FOR EVERY GOOD THING, AND GOD HAS NOTHING BUT GOOD IN STORE FOR ME.

DIVINE ORDER is God's will for me. Knowing this, I trustingly and triumphantly go through seeming confusion to the establishment of my perfect good.

Though in my sight the day's activities may seem to become chaotic, I remain poised in the knowledge that they are being divinely arranged and drawn into the perfectly planned pattern that is God's will for my life.

I gladly relinquish my own preconceived ideas for carrying out the day's tasks and listen to the voice of Spirit within for guidance. Though my own plans have seemed good, I know that God's are better, and I offer no resistance to His leading.

Dear Father-God, I stand undismayed by any unexpected turn of events, for I know that Thou art with me. I give thanks for the knowledge that all things are working together for my good.

*A man's heart deviseth his way;
But Jehovah directeth his steps.*

—PROV. 16:9.

OCTOBER 13

Thursday

GOD'S LOVE AND COMFORT SUSTAIN ME.

IT IS WONDERFUL to know that no matter what experiences life brings—separations, defeats, disappointments—there is One to turn to for new vision, new life. God is this One.

God's love embraces every heart, but especially dear to Him is the troubled heart. He holds it close, and with gentleness but with firmness He administers the understanding and inspiration that bring new vision, new life.

No heart can be so hurt, so devastated as to be outside the healing embrace of God's love. Even in those times when a heart cannot arouse itself to prayer, to thought, to action, God's love is flowing through it, stirring it to new vision, new life.

If a heart that is troubled will allow itself to repose in the gentle embrace of God's love, it will be nourished and ministered to in a way that will awaken it to new vision, new life.

O loving Father, Thou holdest me close in Thy love. Thy Spirit strengthens me and fills me with understanding, courage, and faith.

* *The love of God hath been shed abroad in our hearts.*—ROM. 5:5.

I GIVE LOVINGLY, WITHOUT THOUGHT OF RETURN.

IF WE LOOK back over our shoulder for appreciation or rewards to follow our kindnesses, or if we think there should always be a return made for "favors," we have not learned the very first lesson of love. We need not fear injustice—life is strictly just—but we need to realize that our good comes to us from many unexpected channels. We speak sometimes of sacrifice, though there is really no such thing as sacrifice; there is only the high privilege of giving ourselves completely to a beloved cause or to a powerful ideal.

This is love, asking for nothing back; and there is never any lack, for the more we give the more we have. The Father, pouring Himself out to all His creation at all times, is never depleted. He does not exact anything from us, but as we learn to trust His power and wisdom and goodness we cannot help loving Him with all our being.

Father, keep me aware of Thee and sensitive to those about me who need what I am and what I have.

♦ *Love one another.—JOHN 13:34.*

OCTOBER 15

Saturday

I RELAX IN THE REALIZATION THAT GOD'S WILL FOR ME INCLUDES GREATER BLESSINGS THAN ANY I HAVE DREAMED OF.

IF LEFT TO our own devices we should all no doubt be willing to settle for blessings much inferior to those which the Father has in store for us. In our human way we make plans, express wishes and desires, and strive to see these brought into manifestation. At the same time we pray that God's will may be done in and through us.

Our plans may or may not embody our greatest good, and when events seem to be moving in a direction quite the opposite of that toward which we are straining we become distressed, and sometimes we declare that God does not answer prayer. Disappointment fills us, and we feel that there is no use to try further. This is often the time when great good is at hand for us.

Father, Thy will be done in me. Quicken my awareness of Thy plan and purpose for my life. I trust in Thee and give thanks now that all things are working together for my highest good. Even when I do not see the way, I am at peace.

• *Not as I will, but as thou wilt.*—MATT. 26:39.

Sunday

O C T O B E R 16

GOD BLESSES ME IN EVERY WAY, EVERY HOUR
OF EVERY DAY.

GOD BLESSES me every moment. I know that only blessings flow from His infinite love. I know that He never condemns, never punishes, never chastens. I know that His law of good is fixed and eternal and that He blesses me forever and ever.

I am a child of God, and I know that every living soul is a child of God. I am the equal of all persons and all persons are my equal. I am one with all as all are one with God. I claim His blessings for all.

I am uplifted and prospered in every way, because all good is in God and is forever mine from Him. I know that there is no power or permanence in any appearance of negation, for it is not from God. I am wholly under the influence of my divine Father.

Dear Father, Thy wisdom and love and kindness are perfect. Thou blessest me with perfect good, and I walk gladly with Thee the whole journey of life.

• *The blessing of the LORD, it maketh rich, and he addeth no sorrow with it.—PROV. 10:22. (A. V.).*

OCTOBER 17

Monday

SPIRIT REPLENISHES MY ENERGY CONSTANTLY, AND I AM FREE FROM MENTAL AND PHYSICAL FATIGUE.

I CONSCIOUSLY open my whole being today to the free flow of divine love. I relax in God's care and receive from Him the radiant energy that continually renews and revitalizes. I am born again this day, this very hour. I am "a new creature: the old things are passed away."

I cannot become exhausted because the inexhaustible God is in me and I in Him. I am able to meet every task secure in God's strength. I carry it through to satisfactory completion under His guidance.

As I give up all fear and all belief in lack or limitation I feel the flow of the Father's limitless energy filling me, and I am rested and relaxed. My mind is at peace. Mind and body respond to the quiet guidance of divine love. I am led in ways of peace and happiness.

O Divine Spirit, fill me now with Thy life, changeless and inexhaustible. Renew and strengthen me in mind, soul, and body.

* *They that wait for Jehovah shall renew their strength . . . they shall run, and not be weary.*—ISA. 40:31.

THROUGH MY SPIRIT OF JOY AND GOOD WILL
I SET IN MOTION RIPPLES OF HEALING.

How we respond to those persons whose faces light up when they see us! Of course a smile is a healing thing. Jesus must have had a beautiful, quick smile. If we do not smile readily, being perhaps diffident or timid in the presence of others, it is something to cultivate in purpose and practice.

"They might not need me, yet they might,
I'll let my heart be just in sight.
A smile so small as mine might be
Precisely their necessity."

The friendliness we sometimes keep bottled up within ourselves can spread a great deal of happiness in the world if we will only release it. So many folk are in need of just what we can give.

People all about us are lonely or carry some weight that a touch of kindly interest on our part can relieve.

Help me, Father, to live in the light, so that a smile may be my instant greeting to everyone I see.

¶ *Thou hast made him exceeding glad with thy countenance.—PSALMS 21:6 (A. V.).*

OCTOBER 19

Wednesday

MY FAITH IS UNSHAKABLE, FOR IT IS CENTERED IN GOD, WHO NEVER FAILS.

ACH MORNING is a new opportunity to renew my faith in God. No matter how little faith I seem to have had yesterday, today I begin anew, and I say, "I have faith in God." Jesus spoke of faith as "a grain of mustard seed"; surely I have this much faith in God. I only need to use it. I only need to walk calmly wherever I am today, knowing that I have faith in God's power and presence working in me and through me and with me every moment. If I falter I shall rise again, stand steadfast, and in perfect confidence affirm, "I have faith in God."

If my need is for health I have faith that God, the source of my life, is my perfect health, and I am whole, perfect, harmonious, free. If my need is for supply, I have faith that God, the source of my supply, is now providing me with whatever I need. I look to Him for guidance, for wisdom, for health, for supply.

I have faith in Thee, O God, as my never-failing help. Thou art my life, my strength, my wisdom, my prosperity.

• *Have faith, and doubt not.—MATT. 21:21.*

Thursday

O C T O B E R 20

JESUS CHRIST IS NOW HERE RAISING ME TO HIS CONSCIOUSNESS OF LIGHT, AND I AM WISE.—UNITY ILLUMINATION THOUGHT.

THE UNITY class thoughts for the current month direct our attention to the great truth that Jesus Christ, the Son of God, is ever with us, our Lord, our Elder Brother, our Way-Shower.

In Truth we sometimes call the perfect state of being in which Jesus Christ dwells "the Jesus Christ consciousness." From His presence streams forth the eternal divine light that dispels human misunderstanding and makes clear all that is dark, mysterious, or seemingly beyond human understanding.

Though we may not fully understand the mystic spiritual bond that unites us with Jesus Christ, and it may be difficult for us to comprehend how He dwells within us as the source of our life, light, and substance, we do not need to wait for this understanding to be complete. We can begin at once to let Him raise us up and to let His beneficent power work in and through us. Through prayer we attune our mind and spirit to His.

¶ *I am come a light into the world.*—JOHN 12:46.

OCTOBER 21

Friday

JESUS CHRIST IS NOW HERE RAISING ME TO HIS CONSCIOUSNESS OF SUBSTANCE, AND I AM PROSPERED.—UNITY PROSPERITY THOUGHT.

JESUS CHRIST in His life and works showed Himself to be the perfect expression of the love of God toward His children. Hence we look to Jesus Christ as our guide and helper.

On the occasions when Jesus Christ was faced with conditions of apparent lack, He did not make the human error of accepting the appearance for the reality. He at once took command of the situation, first making definite preparations to receive the needed supply; then in divine order He took the other steps necessary to demonstrate it. When He fed the five thousand, He first gathered together the supply at hand; then "looking up to heaven, he blessed, and brake and gave the loaves to the disciples, and the disciples to the multitudes."

We see in this scriptural story a practical lesson in translating Spirit substance into manifest form. First we take whatever supply we have; then we affirm the presence of plenty, bless it, and the increase of supply is revealed to us.

• *They all ate, and were filled.*—MATT. 14:20.

Saturday

O C T O B E R 22

JESUS CHRIST IS NOW HERE RAISING ME TO HIS CONSCIOUSNESS OF LIFE, AND I AM WHOLE.—UNITY HEALING THOUGHT.

IN THE Gospel of Mark we are given a vivid picture of the power of healing life that flows forth from Spirit through the ministry of Jesus Christ. "Wheresoever he entered, into villages, or into cities, or into the country, they laid the sick in the marketplaces, and besought him that they might touch if it were but the border of his garment: and as many as touched him were made whole."

The message of this Scripture to us is that through Jesus Christ, our healer, we may lay hold of the healing life of Spirit now, this instant, no matter where we are. Jesus Christ is here, and He is now raising us up to a new consciousness of life.

It is not necessary for us to understand fully how the Christ power of healing works in us. We need but accept the truth that He is with us and have faith in Him and in His limitless power to heal. If we do have faith we can "touch . . . the border of His garment" and be made whole.

• *Thy faith hath made thee whole.*—LUKE 8:48.

GOD'S LOVING, HARMONIZING POWER GOVERNS ME AND MY AFFAIRS, ESTABLISHING ORDER, HAPPINESS, AND RIGHT ADJUSTMENT.

PEACE FILLS my heart as I realize that there is a loving power at work in my life and that I can trust this power to harmonize my affairs. This power is God's, and it is His love that is taking care of me. I only need to trust Him, for His will for me is always my good, always my happiness and well-being.

God's love adjusts my affairs so as to bring about order and harmony. His love draws to me the situations, persons, and conditions that bring me happiness and fulfillment.

I begin this day by letting God's love and harmony govern me in all that I do and say. Right where I am I begin to put the affairs of my life in order. I am kind and happy, loving and peaceful; and I know that God's love, expressing itself through me, draws to me whatever I need.

I place my faith wholeheartedly in Thy loving, governing presence and power, knowing that every condition in my life will be right and every situation will be perfectly adjusted.

• *Great is our Lord.—PSALMS 147:5.*

I EXPRESS DIVINE JOY FREELY IN MY LIFE.

RADIANT joy should be the trade-mark of every person who acknowledges himself to be a child of the loving God. When we know that we are here for a purpose, that there is one God with whom all things are possible here and now, that this is in very truth God's universe, created by Him, how can we then be other than joyful!

I let radiant joy flow through my whole being, permeating every cell as a tonic, clarifying every mental process, and developing a new soul quality. Divine joy releases tensions, eliminates fatigue.

I constantly seek to express joy in my life. Knowing that God is the source of all, I can look with joy on every experience. I rejoice in my relations with other people, seeing each one as a child of God by whom I am blessed and whom I bless.

O heavenly Father, Thy joy is quickened in me now. I am filled and thrilled with the joy of living. The very cells of my body seem to shout for joy, and heaven and earth take up the joyful sound.

♦ *With joy shall ye draw water out of the wells of salvation.—ISA. 12:3.*

I AM NOT DISTURBED BY UNEXPECTED CHANGES IN MY PLANS. THE THING THAT COMES AS A SURPRISE TO ME LEADS TO MY HIGHEST GOOD IF I FOLLOW GOD'S GUIDANCE.

WHEN EVENTS of the day take an unexpected turn that we do not understand, we avoid confusion and panic by instantly turning to Spirit within for guidance and assurance. As Truth students we ask that God's will may be done in all our affairs, trusting Him as a loving Father, who has nought but good in store for us. Though present events may have the appearance of a catastrophe, we must therefore become as little children, trusting and willing to follow the Father's leading.

Dear Father, when changes come I know that in spite of bewildering appearances they will eventually lead me to a greater degree of good than I am now experiencing. I will not fear change nor resist it, for I know that change is the inevitable result of growth and progress. I will stay close to Thee, and in Thy presence find the peace that passes understanding.

• *Fear not, neither be dismayed.—DEUT. 1:21.*

I BEHOLD THE SPIRIT OF CHRIST IN EACH AND EVERY PERSON.

WHEN THE faults of another person come to my attention, I look upon them not as an annoyance to be condemned but as a divine opportunity to exercise my compassionate understanding and forgiving love. Remembering that this other person is made in the image of God, even as I, and that the Spirit of God is the one and only presence within him, I immediately lift my vision from the faulty appearance and steadily acknowledge and behold this presence.

It is vitally important that I cultivate this habit of seeing only the Christ in others, for He is the life in their body, the light in their eyes, the intelligence that animates their being. The healing Spirit of God can work through me only when my vision is high and my heart is loving.

O heavenly Father, this day with Thy help I am going to try as never before to be diligent and faithful in the practice of kindness. I will remember that Thou hast placed me on this earth not to be served but to serve.

• *God is love.—I JOHN 4:16.*

OCTOBER 27

Thursday

I TRUST THE WISDOM OF GOD TO SEE ME THROUGH.

BECAUSE the all-knowing wisdom of God is within me, I will not become frightened or discouraged when any problem whatever presents itself to me. Rather I will turn my attention within, toward this wisdom, and rest in it, trusting it to give me the perfect answer that I need. As I thus calmly persist in such trust despite appearances, this wisdom of God will unfailingly illumine my mind with the perfect ideas that will guide me to a right solution, and with these ideas will come all the strength and help I need to carry them out effectively.

If I have a difficult decision to make I will place the whole matter in the capable hands of my indwelling Father, trusting Him until the answer is revealed, as it surely will be.

If I have made a mistake that I fear may result in serious consequences, even this the indwelling wisdom of God can make right.

Dear Father-God, I leave all things with Thee. I rest in Thy promise "I will not fail thee."

• *I will go before thee, and make the crooked places straight.—ISA. 45:2.*

I LIVE JOYOUSLY AND TRUSTINGLY IN THE FULLNESS OF THIS PRESENT MOMENT.

INSTEAD OF wasting my energy worrying about things that have not happened I use my energy to realize the fullness of God's presence within me and all about me now, this moment. Everything I need to make my life joyous and complete is within me now. God is my very life, my guiding intelligence, my unfailing ability, but I must identify my consciousness with this truth now, this moment, and not at some vague future time.

If I am fearful about some condition that I must meet tomorrow, the one sure way to heal this fear is to realize God's all-sustaining, all-protecting presence within me today. As I trust God moment by moment, I shall find that that which I considered tomorrow's dreaded problem, when it comes, will be today's sure victory.

O loving presence, I know that Thou art with me moment by moment. Thou art my life, my strength, my protection, my supply. My trust is in Thee now and forever.

• *Lift up your eyes, and look on the fields, that they are white already unto harvest.—JOHN 4:35.*

OCTOBER 29

Saturday

BEFORE I SPEAK OR ACT IN ANY SITUATION
I ALLOW GOD TO HARMONIZE MY THOUGHTS
AND FEELINGS.

So often when there is a misunderstanding or a difference of opinion between ourselves and another person, our first inclination is to point out where he is wrong. If we are angry or irritated our words may glow with considerable vehemence.

No one likes to be the object of criticism, and no one likes to be made to feel in the wrong. By speaking or acting when we are in the throes of anger or irritation, we only aggravate an already difficult situation and hurt the feelings of another person.

If we will wait until we have allowed God to harmonize our thoughts and feelings before speaking or acting, we shall have mustered poise, patience, and fair-mindedness enough to handle the situation in a harmonizing way.

Lord, harmonize my thoughts and feelings. Lift me above complications and personalities and let reasonableness rule my mind, let love rule my heart.

• *God is greater than our heart.—I JOHN 3:20.*

GOD IS MY PERFECT PEACE.

JESUS SAID: "Peace, be still. And the wind ceased, and there was a great calm." Within all of us there is a place of peace, a place of great calm. It is when we say to ourselves, "Peace, be still," that we know peace. It is when we find God within us that we know the security of His love.

The beautiful thought "Let go and let God" is a key to peace, for there is no perfect peace, no real peace without Him. There can be no inner calmness, no restorative rest without this trust in Him.

Too often we ask for peace and stillness after indulging in misguided activity of our own. We should reverse this process and go forward in action only after a time of resting in the realization of God's peace.

In stillness I now turn to Thee, O Lord of life within my being. In the heart of stillness I find Thee, and Thy peace fills me through and through. My seeking, my striving, my longing ceases, and I know that I am one with Thee.

◆ *Peace, be still.—MARK 4:39.*

OCTOBER 31

Monday

GOD HAS EQUIPPED ME TO STAND STRONG AND HAPPY IN LIFE. I AM FREE, CAPABLE, INDEPENDENT.

THERE ARE persons who never find peace in life because they are forever searching for someone to take care of them. This is an attitude carried over from childhood, and no one who wants to live a rich, full, satisfying life should allow himself to continue in this attitude.

God has equipped every person with resources bountiful enough to support an independent and deeply satisfying way of life. It is upon these inner resources that we should train ourselves to depend. We need each other to love and to share life with, but no one should allow himself to depend upon another for life, purpose, and direction.

God has implanted in each mind and heart gifts and talents that when sought out, developed, and expressed bring wondrous joy and the realization of divine power and ability to accomplish our desires.

O loving Father, Thou hast equipped me to stand strong and happy in life. I am free, capable, independent.

* *Awake, awake, put on strength.—ISA. 51:9.*

Unity

INSTRUCTION AND FELLOWSHIP



Through the more than two hundred ministers and teachers accredited by Unity School of Christianity many cities in the United States are now blessed with an effective Unity ministry. Unity students living in those cities thus have the opportunity to attend devotional services, healing meetings, and study classes.

The first week in October will initiate the fall and winter study classes in Unity centers. Classes will be offered in *Lessons in Truth*, *Christian Healing* (or *Talks on Truth*), Bible Interpretation, and *The Silence*. Besides these standardized classes, others are offered according to the needs of the respective groups. In addition to giving the Truth fundamentals for victorious living, these classes afford an opportunity for fellowship with other persons of like interests.

If there is a Unity center in your city, plan to enroll in one or more of the study classes being offered during the fall and winter months. (If you are interested in attending Unity Training School, ask your center leader about enrolling in a *Lessons in Truth* class for Training School credit.) By your presence and by your attention to "things of the Spirit" you can bless the group and at the same time receive a blessing for yourself. Consult your telephone directory for the address of the Unity center in your city, or write direct to us for the information.

A Course of Truth Instruction for You

Do you know how to apply Truth to your affairs and how to remove from your life the conditions you do not want?



In a series of six lessons beginning in *Unity* magazine in October you can find down-to-earth instructions for rebuilding your life more nearly according to your desire. This series is by L. Stevens Hatfield and is entitled "The Truth Shall Make You Free." Each article is filled with specific suggestions for finding freedom from limitations that may now seem inescapable.

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Unity magazine is \$1 a year.

UNITY SCHOOL of CHRISTIANITY
LEE'S SUMMIT, MISSOURI

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Charles Fillmore says: "God is the source of a mighty stream of substance, and you are a tributary of that stream, a channel of expression. Blessing the substance increases its flow. If your money supply is low or your purse seems empty, take it in your hands and bless it. See it filled with the living substance ready to become manifest. As you prepare your meals bless the food with the thought of spiritual substance. . . . Do not center your thought upon yourself, your interests, your gains or losses, but realize the universal nature of substance."

The Unity Prosperity Bank plan has helped thousands realize the universal nature of substance and helped them form it into needed and desired good. Full instructions and prayers for your use in increasing your realization of good are sent to you when you order a Bank.

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NEW UNITY BOOK

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ATOM-SMASHING POWER OF MIND

This timely book by Charles Fillmore, cofounder of the Unity School of Christianity, can take you adventuring in the realm of spiritual thinking. It is filled with chapter after chapter of Mr. Fillmore's most inspired and dynamic teaching about man's relationship to God. Most of the chapters have appeared separately as articles in *Unity* magazine and were selected for book publication because of reader demand.

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UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI



The Soul Can Listen

JAMES DILLET FREEMAN

On a late autumn afternoon
The soul can listen, if in tune,
To a deep-down and all-around
Silence too complete for sound.

Out of the heart of stillness swells
A music not of vocables,
A language of eternity.
Silence, what do you say to me?

OCTOBER 1949

